

# CDP RCC COMMITMENT CONTRACT

2019-2020

Both parents and dancers are required to initial beside each clause below. Your initials represent that you and your parents understand and support dance company guidelines, and will uphold these rules to the best of your ability. Consequences for breaking these commitments will include parent conferences and appropriate action to the circumstance. Thank you for your continued support, and for your commitment to redefine our standard of excellence each year!

1. I will wear the appropriate attire to dance class. \_\_\_\_\_
2. I will wear the appropriate shoes to each dance class. \_\_\_\_\_
3. I will have my hair pulled back properly (in a BUN!) for class unless asked by CDP staff to rehearse otherwise. *NO fixing hair during class.* \_\_\_\_\_
4. If I am not in class dancing FULL OUT 2 weeks leading up to a performance, I will not perform.  
\_\_\_\_\_
5. If I am going to be absent, I will email carydanceco@gmail.com PRIOR to class to explain which classes I am missing and why. \_\_\_\_\_
6. I understand that being in the CDP RCC Dance Company requires a commitment to be at the one required competition (specific date for 2020 TBA). \_\_\_\_\_
7. I will not come to class sick! \_\_\_\_\_
8. I will set a personal goal to prepare myself before coming to dance each day. I will NOT leave the same as I arrived. I will try to exceed my last week's accomplishments and with focus and determination. Before each run-through of my dances, I will remind myself of corrections made to my class/others/myself and challenge myself to rise to a higher standard. \_\_\_\_\_
9. I will dance full out and work outside of class to build my endurance. I will eat healthier, take vitamins, drink more water and get plenty of sleep in order to take care of my body to prevent injuries and be a lovely person. \_\_\_\_\_
10. I will love and respect my dance studio. I will pick up my trash, throw my food away outside, and clean up after myself and others. \_\_\_\_\_
11. I will be attending CDP Summer dance classes to improve my skills and technique. \_\_\_\_\_
12. I will be attending my REQUIRED RCC Dance Camp August 7-11th, 2019 \_\_\_\_\_
13. I am committed to my team and my teachers. I understand that joining the RCC program is a year-long commitment. I will be in class, working hard, each week and in every mandatory rehearsal. \_\_\_\_\_
14. I will support my teammates and be encouraging and kind to them. I will not tear them down with negative words or actions. \_\_\_\_\_

**PARENTS:** I understand all fees I owe will be drafted from my account on either the 1st or 15th of each month (this includes tuition and all other expenses incurred throughout the year). If accounts are not maintained, I understand that this may jeopardize our ability to participate in the CDP RCC Program

\_\_\_\_\_  
Student Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_

*This commitment contract is due upon acceptance of your spot on the 2019-2020 RCC team.*